



Statement of Beliefs

The Statement of Beliefs was developed to ensure that the centre provides a physically and emotionally safe environment for children, families and staff.

The Ottawa Catholic Child Care Corporation believes that all children attending the program should respect the staff and know that their needs and desires are respected as well.

Therefore we have adopted the following Statement of Beliefs: *

- **We believe that relationships are the motivation for learning.**

We are all in this together.

- **We believe that healthy boundaries are essential for all relationships.**

What you focus on you get more of.

- **We believe that empathy is the heart of emotional intelligence.**

This moment is as it is.

- **We believe that positive intent improves self image and builds trust.**

See the best in others.

- **We believe that consequences help children learn cause and effect relationships.**

Mistakes are opportunities to learn.

- **We believe that anger management is integral for social competence.**

No one can make you angry.

- **We believe that building self-esteem and willpower reduces impulsivity.**

The only person you can make change is yourself.